

(NB: One may mix the mustard oil with olive oil/coconut oil as mustard oil is hot for the body)

The Ayat e Qutub is ayat 154 of Surah Aal e Imraan

ثُمَّ أَنْزَلَ عَلَيْكُم مِّن بَعْدِ الْغَمِّ أَمَنَةً نُّعَاسًا يَغْشَى طَائِفَةً مِّنكُمْ طَائِفَةٌ قَدْ أَهَمَّتْهُمْ أَنفُسُهُمْ يَظُنُّونَ بِاللَّهِ غَيْرَ الْحَقِّ ظَنَّ الْجَاهِلِيَّةِ يَقُولُونَ هَل لَّنَا مِنَ الْأَمْرِ مِن شَيْءٍ قُلْ إِنَّ الْأَمْرَ كُلَّهُ لِلَّهِ يُخْفُونَ فِي أَنفُسِهِم مَّا لَا يُبْدُونَ لَكَ يَقُولُونَ لَوْ كَان لَنَا مِنَ الْأَمْرِ شَيْءٌ مَّا قُتِلْنَا هَاهُنَا قُل لَّو كُنْتُمْ فِي بُيُوتِكُمْ لَبَرَزَ الَّذِينَ كُتِبَ عَلَيْهِم الْقَتْلُ إِلَى مَضَاجِعِهِمْ وَلِيَبْتَلِيَ اللَّهُ مَا فِي صُدُورِكُمْ وَلِيُمَحِّصَ مَا فِي قُلُوبِكُمْ وَاللَّهُ عَلِيمٌ بِذَاتِ الصُّدُورِ

5. For forty days, daily recite the Mu'awwazatayn three times and blow in some water. The sick person should drink from this water as well as have a ghushl with it. Additionally, use saffron and egg yellow to write the below Arabic words on a plate. Wash the plate and drink the water.

يَا حَيُّ حِينَ لَا حَيَّ فِي دِيْمُومَةِ مُلْكِهِ وَبَقَائِهِ يَا حَيُّ

6. Read the below ayat 41 times and blow on mustard oil. Then apply this mustard oil to the nostrils, navel, ear canals, under the armpit, above the area of the heart and the 20 nails. The ayat is:

إِنَّ الَّذِينَ فَتَنُوا الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ ثُمَّ لَمْ يَتُوبُوا فَلَهُمْ عَذَابُ جَهَنَّمَ وَلَهُمْ عَذَابُ الْحَرِيقِ (البروج: 10)

7. Read 11 times لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ blow in a glass of water and give the patient to drink.

Again read 11 times لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ and blow on the patient. Do this few times daily for 7 days. InshaAllah, one will find relief.

8. Write ياق هار 41 times on a blank piece of paper with black ink and make into a taweez.

9. Recite the following 3 times and blow onto the affected person:

بسم الله الرحمن الرحيم الم المص طه طس طسم كهيعص يس والقران الحكيم حم عسق ق ن والقلم وما يسترور

10. Take 7 chillies. Read 7 times Surah Quraish and blow on a chilli. Do the same for all 7 chillies. Place the chillis in water. Thereafter apply the water like Surma to the eyes of the affected one.

The Magic Manzil

The recitation of the manzil in the morning and at night is one of the most universal and powerful remedies against all forms of nazar and evil. The manzil water has a magical effect in protecting and removing all forms of negative energies. One can drink, sprinkle or bath with that water. It could also be sprayed on cars, in the home, shop etc. The water is prepared by reciting the manzil with full devotion and conviction and blowing on the water. The manzil is amongst the most tried and tested formulas, prescribed by Shaikhul Hadeeth Maulana Muhammad Zakariyya (rahmatullahi 'alaih), leading saints of his family, and many other Ulama of high rank as a protection and antidote against harmful things. These verses of the Quraan Majeed are also mentioned with a slight variation in the book Al-Qawlul Jameel by Shah Waliyyullah Muhaddith Dehlawi (rahmatullahi 'alaih) who writes that there are thirty-three verses which ward off the effects of witch craft and are a protection against Shaitaan, miseries, thieves, and harmful wild beasts. Some scholars have also mentioned that the manzil has within it the power to treat and cure a hundred diseases and sicknesses.

Muhammad bin Seereen (rahimahullah), a famous narrator of hadeeth and student of the Sahaabah (radhiyallahu 'anhum), was once travelling with a group of people when they decided to encamp for the night at a riverbank. As they were setting up camp, the people of the area approached them and advised them saying, "Go further on. Every person who attempts to camp here gets robbed." On hearing this, the entire group packed up and departed to camp elsewhere with the exception of Muhammad bin Seereen (rahimahullah). He remained behind, alone and fearless, trusting in the security provided by the aayaat of protection that he recited. Muhammad bin Seereen (rahimahullah) then narrates the events that ensued. He says, "I had not yet fallen asleep when I actually saw the robbers. They were wielding drawn swords. They tried to approach me more than thirty times but were unable to do so. Knowing that I was safe, I slept soundly until the morning. I then packed my belongings and departed, continuing my journey. As I travelled, I suddenly encountered one of the robbers who was carrying a bow and seated astride a horse with a huge, bushy tail. He called out to me and asked, 'Are you a human or jinn?' A human from the descendants of Aadam ('alaihis salaam)' I replied. The robber was stunned to hear this and asked, 'But what's your secret then? We tried to approach you more than 70 times but were blocked by an iron wall every time!' I replied, 'The secret is a hadeeth which Ibnu 'Umar (radhiyallahu 'anhuma) narrated to me from Nabi (sallallahu 'alaihi wasallam) who said, 'Whoever recites thirty-three verses of the Quraan Majeed at night, he will not be harmed by a thief overcoming him or a predatory animal, and together with his family and wealth, he will be in complete safety and ease until the morning.'" When I completed narrating the hadeeth, he was so affected that he descended from his horse and broke his bow, promising Allah Ta'ala that he would never again return to a life of robbery." (Zailu Taarikhi Baghdaad – Ibnun Najjaar vol. 3, pg. 171)

May Allah Ta'ala protect us all and keep us firm on His Deen, aameen.

Jinnaat

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General Advices

Hereunder are a few guidelines for the one who wants to be protected from Jinn

- Refrain from all types of sins.
- Bring Taqwa in all facets of your life.
- Be punctual on performing the five times daily salaah with full sincerity, devotion and concentration.
- Men should be punctual on performing all their salaah with jamaat in the masjid.
- Take out time to recite the Quraan Majeed daily, even if it be a few pages or a few lines.
- Be particular about reciting Surah Yaseen every morning and reciting Surah Waaqi'ah and Surah Mulk every night.
- Be punctual upon the morning and evening duas especially the following:

Recite Thrice:

أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ

Followed by the last 3 verses of Surah Hashr

- Before sleeping and after every salaah, recite the following three times each or at least once, blow on the palms and rub on the face, head and body:
Durood shareef, Surah Faatihah, Aayatul kursi, 4 Quls & Durood shareef
- Increase the recitation of Durood shareef and Istighfaar.
- Make sincere du'aa for at least five minutes daily.
- Give sadaqah daily even if it be a little.
- Ensure that your earnings are completely halaal.
- Avoid consuming anything haraam or doubtful.
- Cover your head when entering the toilet.

- Recite the masnoon du'aa when entering the toilet.
- Females leaving the precincts of their home should ensure that their hair and body is covered.
- Make the home 'Angel Friendly' by removing all animate objects, Television, music, dogs, etc.
- Do not go near casinos, clubs, cinemas and haraam entertainment centres.
- Always try to strengthen yourself physically, Spiritually and mentally.
- Stay away from all forms of negative thoughts and company.
- Recite the Manzil daily, morning and evening.
- Recite the entire Surah Kahf on Friday.
- Recite the first ten and last ten verses of Surah Kahf daily.
- Increase the recitation of

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

- Develop the habit of reciting Bismillah often, especially during daily activities such as eating, entering or leaving home, and when beginning new tasks.
- Try to remain in the state of Wudhu all the time even when going to sleep. Wudhu is a protection itself.

Amals to remove the effects of Jinn

1. Recite Surah Baqarah completely once for three days consecutively in the place where there is Jinnaat. InshaAllah the Jinnaat and whatever evil effects are in that place will go away.

2. Read the following verses 7 times each followed by the azaan 7 times and blow in the left ear of the affected person. InshaAllah the person will recover.

وَلَقَدْ فَتَنَّا سُلَيْمَانَ وَأَلْقَيْنَا عَلَى كُرْسِيِّهِ جَسَدًا ثُمَّ أَنَابَ (ص:34)
أَفَحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ عَبَثًا وَأَنَّكُمْ إِلَيْنَا لَا تُرْجَعُونَ. فَتَعَالَى اللَّهُ الْمَلِكُ الْحَقُّ
لَا إِلَهَ إِلَّا هُوَ رَبُّ الْعَرْشِ الْكَرِيمِ. وَمَنْ يَدْعُ مَعَ اللَّهِ إِلَهًا آخَرَ لَا بُرْهَانَ لَهُ بِهِ
فَإِنَّمَا حِسَابُهُ عِنْدَ رَبِّهِ إِنَّهُ لَا يُفْلِحُ الْكَافِرُونَ. وَقُلْ رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ
خَيْرُ الرَّاحِمِينَ

One may have to repeat this Amal few times daily and continue with it for 7 to 11 days.

3. Do the following for a person who is affected with Jinnaat:

Write the below Ayat with one's finger on the forehead, chest and stomach of the affected person. he will find relief InshaAllah.

أليس الله بكاف عبده

4. Do the following for the one affected with Jinnaat:

Recite the Ayat e Qutub 14 times daily and blow on olive oil or mustard oil.

Apply the oil to the body, nose and ears.
Continue this Amal for 41 days.

As long as the oil is on the body, the Jinnaat will not trouble a person and they will get frustrated and go away InshaAllah.