

SIHR

DARK ARTS & WITCHCRAFT

A Detailed Discussion on the Reality of Sihr
(Dark Arts) & How to Protect Ourselves

AMAL #8

Recite Surah Muzammil and blow in a jug of water. Then drink the water in the morning and evening. Do this daily for 40 days.

AMAL #9

Recite 41 times

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

in the left ear of the patient preceded and followed by durood shareef thrice and blow in the ear.

Then recite

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

121 times preceded and followed by durood shareef thrice and blow on the patient.

AMAL #10 – THE MAGIC MANZIL

The recitation of the manzil in the morning and at night is one of the most universal and powerful remedies against all forms of nazar and evil. The manzil water has a magical effect in protecting and removing all forms of negative energies. One can drink, sprinkle or bath with the Manzil water. It could also be sprayed on cars, in the home, shop etc. The water is prepared by reciting the manzil whilst facing the Qiblah, in the state of Wudhu, with full devotion and conviction and thereafter blowing on the water.

The manzil is amongst the most tried and tested formulas, prescribed by Shaikhul Hadeeth Maulana Muhammad Zakariyya (rahmatullahi 'alaih), leading saints of his family, and many other Ulama of high rank as a protection and antidote against harmful things.

These verses of the Quraan Majeed are also mentioned with a slight variation in the book Al-Qawlul Jameel by Shah Waliyul-lah Muhaddith Dehlawi (rahmatullahi 'alaih) who writes that there are thirty-three verses which ward off the effects of witch-craft and are a protection against Shaitaan, miseries, thieves, and harmful wild beasts. Some scholars have also mentioned that the manzil has within it the power to treat and cure a hundred diseases and sicknesses.

Muhammad bin Seereen (rahimahullah), a famous narrator of hadeeth and student of the Sahaabah (radhiyallahu 'anhum), was once travelling with a group of people when they decided to encamp for the night at a riverbank. As they were setting up camp, the people of the area approached them and advised them saying, "Go further on. Every person who attempts to camp here gets robbed." On hearing this, the entire group packed up and departed to camp elsewhere with the exception of Muhammad bin Seereen (rahimahullah).

He remained behind, alone and fearless, trusting in the security provided by the aayaat of protection that he recited. Muhammad bin Seereen (rahimahullah) then narrates the events that ensued.

He says, "I had not yet fallen asleep when I actually saw the robbers. They were wielding drawn swords. They tried to approach me more than thirty times but were unable to do so. Knowing that I was safe, I slept soundly until the morning. I then packed my belongings and departed, continuing my journey. As I travelled, I suddenly encountered one of the robbers who was carrying a bow and seated astride a horse with a huge, bushy tail. He called out to me and asked, 'Are you a human or jinn?' 'A human from the descendants of Aadam ('alaih salaam)' I replied.

The robber was stunned to hear this and asked, 'But what's your secret then? We tried to approach you more than 70 times but were blocked by an iron wall every time!' I replied, 'The secret is a hadeeth which Ibnu 'Umar (radhiyallahu 'anhuma) narrated to me from Nabi (sallallahu 'alaihi wasallam) who said, 'Whoever recites thirty-three verses of the Quraan Majeed at night, he will not be harmed by a thief overcoming him or a predatory animal, and together with his family and wealth, he will be in complete safety and ease until the morning.'" When I completed narrating the hadeeth, he was so affected that he descended from his horse and broke his bow, promising Allah Ta'ala that he would never again return to a life of robbery." (Zailu Taarikhi Baghdaad – Ibnun Najjaar vol. 3, pg. 171)

May Allah Ta'ala protect us all and keep us firm on His Deen, aameen.



GENERAL ADVICES

- Be punctual on performing the five times daily salaah with full sincerity, devotion and concentration.
- Men should be punctual on performing all their salaah with jamaat in the masjid.
- Take out time to recite the Quraan Majeed daily, even if it be a few pages or a few lines.
- Be particular about reciting Surah Yaseen every morning and reciting Surah Waaqi'ah and Surah Mulk every night.
- Some Mashaaiikh recommend reciting Surah Muzammil daily for protection against Sihir.
- Before sleeping and after every salaah, recite the following three times each or at least once, blow on the palms and rub on the face, head and body:
 - Durood shareef
 - Surah Faatihah
 - Aayatul kursi
 - 4 Quls
 - Durood shareef
- Try to drink zamzam and eat Ajwah Dates daily on an empty stomach with the intention of protection against Sihir.
- Increase the recitation of durood shareef and istighfaar.
- Make sincere du'aa for at least five minutes daily.
- Give sadaqah daily even if it be a little.
- Ensure that your earnings are completely halaal.
- Avoid consuming anything haraam or doubtful.
- Cover your head when entering the toilet.
- Recite the masnoon du'aa when entering the toilet.
- Females leaving the precincts of their home should ensure that their hair and body is covered.
- As far as possible, live a simple life and do not expose to others the favours which Allah Ta'ala has bestowed upon you.
- Avoid posting pictures of your life on Instagram and social media platforms.
- Make the home 'Angel Friendly' by removing all animate objects, Television, music, dogs, etc.
- Do not go near casinos, clubs, cinemas and haraam entertainment centres.
- Stay away from all forms of sin and disobedience to Allah Ta'alah.
- Always try to strengthen yourself physically, Spiritually and mentally.
- Stay away from all forms of negative thoughts and company.
- Recite the Manzil daily morning and evening.
- Recite the entire Surah Kahf on Friday.
- Recite the first ten and last ten verses of Surah Kahf daily.

AMALS FOR PROTECTION

AMAL #1

Shah Waliyyullah Muhaddith Dehlawi (Rahimahullah) has advised that the following amal is extremely effective in removing the effects of Sihir:

Daily after Fajr and Maghrib recite verse 33 – 35 of Surah Rahman 3 times and blow on the effected person. Thereafter recite it 21 times, blow in a glass of water and give the affected person to drink. Continue with this daily until one finds relief.

يَمْعَشِرُ الْجِنَّ وَالْإِنْسَ إِذَا اسْتَطَعْتُمْ أَنْ تَنْفُدُوا مِنْ أَقْطَارِ السَّمَوَاتِ وَالْأَرْضِ فَانْفُدُوا
لَا تَنْفُدُونَ إِلَّا بِسُلْطَنِ. فَبِأَيِّ آلَاءِ رَبِّكُمَا تُكَذِّبَانِ. يُرْسَلُ عَلَيْكُمَا شَوْابٌ مِّن نَّارٍ
وَأُحْاسِنُ فَلَا تَنْتَصِرَانِ (33-35)

AMAL #2

The following is an Amal for a person affected with Sihir: Write the following words with an edible ink pen on a blank piece of paper.

يَا حَيُّ حِينَ لَا حَيَّ فِي دَيْمُومَةٍ مُلْكِهِ وَبَقَاءِهِ يَا حَيُّ

Soak this page in a glass of water and drink it. Do this for 40 days consecutively.

AMAL #3

Many Experts have recommended the following Amal. It is proven to be very effective in removing Sihir and all evil effects: Take 5 litres of water.

Read 11 times Durood Shareef.

Recite Surah Yaaseen in the following manner:

Surah Yaaseen has 7 Mubeens. Stop at every Mubeen, read the following 14 times and blow in the water:

سَلَامٌ قَوْلًا مِنْ رَبِّ رَحِيمٍ

Complete the recitation of Surah Yaseen. Read 11 times Durood Shareef and blow again in the water. Drink this water on an empty stomach early in the morning as well as after Asr.

When the water gets depleted make another 5 litres in the same manner. Continue this Amal for 40 days

AMAL #4

Write on a blank piece of a paper كهيصص and make into a Taweez. The patient should wear the Taweez on his right thigh. Ensure to be in the state of Wudu when first putting on the Taweez.

Then write
و بِالْحَقِّ أَنْزَلْنَاهُ وَ بِالْحَقِّ نَزَّلَ
on another blank piece of paper and make into a Taweez. The patient should wear this one on his left thigh. Ensure to be in the state of Wudu when first putting on the Taweez.

AMAL #5

Write the following verses with saffron, food coloring or edible ink on a blank page with no lines: (Alternatively one may also read these verses 11 times each and blow in the water) Surah Falaq - Surah Naas

فَوَقَعَ الْحَقُّ وَبَطَلَ مَا كَانُوا يَعْمَلُونَ فَغُلِبُوا هُنَالِكَ وَانْقَلَبُوا صَاغِرِينَ وَأَلْقَى السَّحْرَهُ
سَاجِدِينَ (الأعراف: 118-120)

فَلَمَّا أَلْقَوْا قَالَ مُوسَى مَا جِئْتُمْ بِهِ السِّحْرُ إِنَّ اللَّهَ سَيُبْطِلُهُ إِنَّ اللَّهَ لَا يُصْلِحُ عَمَلَ
الْمُفْسِدِينَ وَيُحِقُّ اللَّهُ الْحَقَّ بِكَلِمَاتِهِ وَلَوْ كَرِهَ الْمُجْرِمُونَ (يونس: 81-82)

إِنَّمَا صَنَعُوا كَيْدًا سَاحِرٍ وَلَا يُفْلِحُ السَّاحِرُ حَيْثُ أَتَى (طه: 69)

Place the paper in a jug of fresh spring water. When the ink mixes with the water, the patient should start drinking. Keep topping up the water in the jug. Do not allow the water to deplete completely. Repeat this once a week on a Saturday.

Also read the above formula and blow in a bucket of sea or river water. The patient should bath with this water.

Note: These verses are known as the Aayaat of Sihir

AMAL #6

One who is affected with Sihir should do the following Amal or another person can do it for him.

7 x Durood shareef

7 x Surah fatiha

7 x Ayat ul Kursi

7 x Surah kaafiroon

7 x Surah Ikhlaas

7 x Surah Falaq

7 x Surah Naas

7 x Durood shareef

Recite the above formula and blow on oneself or the affected person.

Then read the formula again and blow in a jug of water. The patient must drink at least quarter glass of this water hourly throughout the day.

Repeat this entire Amal daily for 7 days.

AMAL #7

Recite Surah Taha and blow on the patient. Do this for 40 days. One may also read this surah, blow in a jug of water and give the patient to drink.