

Also, read the following verse once and blow on the paper:

وَإِنْ يَكَادُ الَّذِينَ كَفَرُوا لَيُزْلِقُونَكَ بِأَبْصَارِهِمْ لَمَّا سَمِعُوا الذِّكْرَ
وَيَقُولُونَ إِنَّهُ لَمَجْنُونٌ ۗ وَمَا هُوَ إِلَّا ذِكْرٌ لِلْعَالَمِينَ

Then pass the paper over the patient from head to toe seven times and burn it.

Preferably do this for three or seven nights consecutively.

9. MANZIL

The recitation of the manzil in the morning and at night is one of the most universal and powerful remedies against all forms of nazar and evil. The manzil water has a magical effect in protecting and removing all forms of negative energies. One can drink, sprinkle or bath with that water. It could also be sprayed on cars, in the home, shop etc. The water is prepared by reciting the manzil with full devotion and conviction and blowing on the water.

The manzil is amongst the most tried and tested formulas, prescribed by Shaikhul Hadeeth Maulana Muhammad Zakariyya (rahmatullahi 'alaih), leading saints of his family, and many other Ulama of high rank as a protection and antidote against harmful things.

These verses of the Quraan Majeed are also mentioned with a slight variation in the book *Al-Qawlul Jameel* by Shah Waliyyullah Muhaddith Dehlawi (rahmatullahi 'alaih) who writes that there are thirty-three verses which ward off the effects of witchcraft and are a protection against Shaitaan, miseries, thieves, and harmful wild beasts. Some scholars have also mentioned that the manzil has within it the power to treat and cure a hundred diseases and sicknesses.

Muhammad bin Seereen (rahimahullah), a famous narrator of hadeeth and student of the Sahaabah (radhiyallahu 'anhum), was once travelling with a group of people when they decided to encamp for the night at a riverbank. As they were setting up camp, the people of the area approached them and advised

them saying, "Go further on. Every person who attempts to camp here gets robbed." On hearing this, the entire group packed up and departed to camp elsewhere with the exception of Muhammad bin Seereen (rahimahullah). He remained behind, alone and fearless, trusting in the security provided by the aayaat of protection that he recited.

Muhammad bin Seereen (rahimahullah) then narrates the events that ensued. He says, "I had not yet fallen asleep when I actually saw the robbers. They were wielding drawn swords. They tried to approach me more than thirty times but were unable to do so. Knowing that I was safe, I slept soundly until the morning. I then packed my belongings and departed, continuing my journey. As I travelled, I suddenly encountered one of the robbers who was carrying a bow and seated astride a horse with a huge, bushy tail. He called out to me and asked, 'Are you a human or jinn?' 'A human from the descendants of Aadam ('alaihis salaam)' I replied.

The robber was stunned to hear this and asked, 'But what's your secret then? We tried to approach you more than 70 times but were blocked by an iron wall every time!' I replied, 'The secret is a hadeeth which Ibnu 'Umar (radhiyallahu 'anhuma) narrated to me from Nabi (sallallahu 'alaihi wasallam) who said, 'Whoever recites thirty-three verses of the Quraan Majeed at night, he will not be harmed by a thief overcoming him or a predatory animal, and together with his family and wealth, he will be in complete safety and ease until the morning.'" When I completed narrating the hadeeth, he was so affected that he descended from his horse and broke his bow, promising Allah Ta'ala that he would never again return to a life of robbery." (*Zailu Taarikhhi Baghdaad – Ibnun Najjaar vol. 3, pg. 171*)

May Allah Ta'ala protect us all and keep us firm on His Deen, aameen.

NAZR Evil Eye

GENERAL *Advices*

- Be punctual on performing the five times daily salaah.
- Men should be punctual on performing all their salaah with jamaat in the masjid.
- Take out the time to recite the Quraan Majeed daily, even if it be a few pages or a few lines.
- Be particular about reciting Surah Yaseen every morning and reciting Surah Waaqi'ah and Surah Mulk every night.
- Increase the recitation of durood shareef and istighfaar.
- Make sincere du'aa for at least five minutes daily.
- Give sadaqah daily if you can afford it.
- Ensure that your earnings are completely halaal.
- Avoid consuming anything haraam or doubtful.
- Cover your head when entering the toilet.
- Recite the masnoon du'aa when entering the toilet.
- Females leaving the precincts of their home should ensure that their hair and body is covered.
- Before sleeping and after every salaah, recite the following three times each or at least once, blow on the palms and rub on the face, head and body:
 - Durood shareef
 - Surah Faatihah
 - Aayatul kursi
 - 4 Quls
 - Durood shareef
- As far as possible, live a simple life and do not expose to others the favours which Allah Ta'ala has bestowed you with.
- Avoid posting pictures of your life on Instagram and social media platforms.
- Make the home 'angel friendly' by removing all animate objects, music, dogs, etc.
- Do not go near casinos, clubs, cinemas and haraam entertainment centres.
- When seeing something that pleases you, even if it be while looking at your own child, recite "Masha-Allah laa Quwwata illaa billaah".

'Amals *for Protection*

1. Recite the following du'aa and blow on the patient:

أَعِيذُكُمْ بِكَلِمَاتِ اللَّهِ التَّامَّةِ ، مِنْ كُلِّ شَيْطَانٍ وَهَامَّةٍ ، وَمِنْ كُلِّ عَيْنٍ لَامِئَةٍ

Nabi (sallallahu 'alaihi wasallam) would recite this du'aa and blow on Sayyiduna Hasan and Sayyiduna Husain (radhiyallahu 'anhuma). Nabi Ebrahim ('alaihi salaam) would also read and blow on Nabi Ismaa'eel and Nabi Ishaq ('alahimas salaam). (Sunan Abi Dawood #4737)

2. Recite the following du'aa and blow on the patient:

بِسْمِ اللَّهِ أَرْقِيكَ مِنْ كُلِّ شَيْءٍ يُؤْذِيكَ ،

مِنْ شَرِّ كُلِّ نَفْسٍ أَوْ عَيْنٍ حَاسِدٍ ،

اللَّهُ يَشْفِيكَ ، بِسْمِ اللَّهِ أَرْقِيكَ

Jibraeel ('alahis salaam) recited this du'aa and blew on Nabi (sallallahu 'alaihi salaam). (Saheeh Muslim #5700)

3. Write **يا حفيظ** eleven times on a blank piece of paper with no lines, make it into a ta'weez and wear it.

4. Recite Surah Humazah and blow on the one affected.

5. Take 2 or 3 turmeric sticks, read the following words, blow on the sticks, then burn the sticks and make the affected person inhale the smoke:

الإِسْلَامُ حَقٌّ وَالْكَفْرُ بَاطِلٌ

6. THE ANTI – NAZAR FORMULA

Read the following and blow on the patient:

- 3 x Durood shareef
- 3 x Surah Faatihah
- 3 x Aayatul kursi

- 3 x Last 2 verses of Surah Qalam
- 3 x Surah Humazah
- 3 x Surah Falaq
- 3 x Surah Naas
- 3 x Durood shareef

Also blow in water and give it to the patient to drink, spray on his face, and make him bath with it for 3, 7, 11 or 40 days. Continue topping up the water and do not allow it to deplete completely.

This formula can be read on honey, oils, lotions, salt, medication, etc.

7. Recite the following verse once, thrice or seven times, blow on a dry red chilli and pass it over the affected person from head to toe seven times. Thereafter burn the chilli.

وَإِنْ يَكَادُ الَّذِينَ كَفَرُوا لَيُزْلِقُونَكَ بِأَبْصَارِهِمْ لَمَّا سَمِعُوا الذِّكْرَ
وَ يَقُولُونَ إِنَّهُ لَمَجْنُونٌ ﴿١٠٠﴾ وَمَا هُوَ إِلَّا ذِكْرٌ لِلْعَالَمِينَ

In a case of serious nazar, use seven chillies. Read the verse seven times and blow on one chilli. Repeat the same for every chilli. Thereafter pass each chilli separately over the affected person from head to toe seven times. Burn all seven chillies in one day. Repeat this procedure for three days.

8. Take a blank piece of paper with no lines and write

ي ا ح ق ي ا ق ه ا ر

then recite Surah Faatihah with bismillah, preferably joining the meem with the laam of alhamdu, i.e.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ لِحَمْدُ ...

and blow on the paper.